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Commerce National Bank A Division of First Merchants Bank, N.A.

HEALTHCARE EDITION

INSIDE THIS ISSUE

- Jenn's Corner Have You Been Struck by World Cup Fever?
- Protecting Your Account
- Consumer Corner
- · Your Local Economy: What Matters Most
- Strategic Planning: Setting **Goals for Your Practice**
- Be Aware of Ransomware
- Community Corner
- · Influence and Impact: an **Inspirational Message**
- Biennial Spring Seminar & Network Fair with Nido Qubein a Resounding Success
- Employee Theft: A Big Problem That's Getting Worse

Are You Receiving Our Marketing Emails?

Often, customers may not receive emails from CNB Marketing because the messages are filtered into their Spam folder. To ensure you aren't missing out on important information, including event invitations and bank closing notices, please be sure to add cnbmarketing@ firstmerchants.com to your address book and "Safe Sender List" through your email client.

Questions or comments about BankNotes? Contact Cameo Stewart at 614-583-2166.

IENN'S CORNER If I play, I try to concentrate on producing my best." - Oliver Kahn

by Jennifer Griffith, Regional President



ave you been struck by World Cup fever? I love the stories that come along with great competitions. The inspiration we receive by watching an underdog

team overcome all odds and the energy we feel when unexpected heroes rise to the occasion is awesome. The thrill of victory can encourage all of us to find the parallels in our own professional teams.

Team sports are incredible to watch. The trust, respect, and determination that come from all players bringing their "A" game to every competition are an easy metaphor to apply to great businesses. If we only hired strikers, we wouldn't make it out of the first round.

During the FIFA World Cup Finals in 2002, the teams from Germany and Brazil met in Yokohama Japan to crown the next World Cup champion. It was an epic tale of two heroes: Ronaldo "The Phenomenon" Nazario de Lima of Brazil played striker and Oliver "der Titan" Kahn of Germany tended goal. In the end, it was Ronaldo who wept floods of happiness for his beloved Brazil and Oliver who stood alone and inconsolable over the goal he had been unable to protect.

Who was named the tournament's hero?

That's right, after the game, Oliver Kahn became the first goal keeper in the history of the FIFA World Cup to earn the Golden Ball as the



Oliver Kahn of Germany defending the goal against Brazil in the 2002 FIFA World Cup Finals.

tournament's finest player, illustrating that no one play will define your value to your team. For Oliver Kahn, his amazing ability to post five shut outs during the tournament was more powerful than the losing goal of the final championship game, which cost Germany the title.

Who tends your goal? Do you recognize them as your finest player with the kind of frequency that encourages, compliments and builds great teams? In the 84 year history of FIFA World Cup soccer, only one goal keeper has ever received this praise. Protect your goal and invest in your goalie. Remember to praise your goalie as you would celebrate your striker.

Great businesses are only sustainable with great teams, and just like the game of soccer, all positions must be filled with high performing, high potential individuals. A team of strikers would only leave the goal uncovered. Likewise, a goal tender wouldn't have much of a game to play without strikers.

Remember to praise often, encourage everyone and applaud your teammates.

CONTACT INFO

Healthcare Lending Office 513-794-7450 Fax: 614-583-2201 www.commercenationalbank.com/ healthcare

Our Customer Call Center at 888-716-1514 is available extended hours: Monday–Friday 7:00am–7:00pm Saturday 9:00am–1:00pm

Each member of our team works exclusively with doctors. We want to help you build an efficient and highly productive practice. Our team collectively has more than 25 years of experience providing lending and banking solutions to help doctors acquire and grow their practice.

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CHECKING SECURITY

Protecting Your Account

by Cathy Dieckman, Regional Chief Operating Officer



here was a recent i n f o r m a t i o n security event at multiple banks in Central Ohio, including Commerce National Bank. As a result, individuals gained valuable information that enabled

them to pass our identity verifications, and they were given information regarding some of Commerce National Bank's clients. Impacted clients were notified immediately and corrective action taken.

Because of this event, we want to remind all of our customers to remain alert of any suspicious activity. These people are likely attempting to gain access to your account information with the intent to commit fraud against your account. If you or any of your employees receive an unexpected request for bank account or tax identification information, call the requestor at a number you have on file to verify the legitimacy of the request before providing any information.

What steps can you take to mitigate this risk?

Your checking account is the central hub to your financial activity and an important tool for your business. Every time you issue a check or provide your account information to a company to directly debit or credit your account, you have exposed your account information. This doesn't mean that the information will be used for malicious purposes, but it does bring to light a risk of doing business.

We recommend that you, or someone designated on your team, review account activity on a daily basis. It is no longer prudent to wait for your monthly bank statement to review your account activity. When a fraudster gets your account information, they will act quickly and swiftly to submit fraudulent transactions against your account. Most fraudulent transactions only have a legal 24-hour return window to send that transaction back to the depositing institution and hold the depositor accountable to take the loss on the fraudulent item. Therefore, daily review of account activity is the most effective way to identify fraud and minimize the potential for loss. The most efficient way to review your account activity daily is to enroll in our Online Banking. In addition to the activity section within Online Banking, you can also set up alerts that email you when your balance falls below a threshold you set, in instances when a transfer or payment fails, or when new ACH recipients are added or modified. These are just a few of the alert choices. Alerts can be set up by choosing the 'Alerts & Preferences' option from the 'Home' tab. A second option to review activity daily is to enroll your mobile device to access our First Merchants Mobile Banking App. Enrollment is completed from within Online Banking via the 'Mobile' tab. Once you login to the App, select 'Transactions' to review activity. The third option is to call our Telephone Banking system at 866.714.4634 and listen to all of your recent activity. All three of these options are free services! To automate the daily review of check activity, we offer a check fraud detection solution called Positive Pay. Once enrolled, you upload a file containing the serial number and dollar amount every time you issue checks. On a nightly basis, the software compares checks presented to clear your account against the file you sent us. If there is a mismatch in either field, you will receive an email early the next morning requesting you to review the item and submit your decision by late morning on whether the item should be returned or paid.

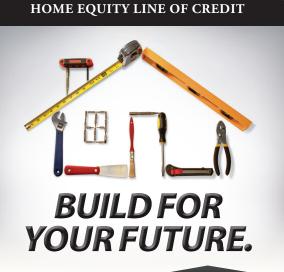
If you discover suspicious activity on your account, contact the bank immediately. We will work with you to identify fraudulent activity and begin the process to attempt to recover your funds. We may recommend that you either enroll your account in our Positive Pay solution or close out your account and open a new account. Being a victim of account fraud is a major inconvenience, but if you review your account activity daily and catch the fraud immediately, you can at least minimize the potential loss from fraud.

For more information and resources on protecting your account, please visit our Security Center at www.firstmerchants.com/security.

CONSUMER CORNER

Did you know that Commerce National Bank offers personal checking and savings accounts for you and your employees? We also have loans for all seasons and any reason - great rates on vehicle, mortgage, personal and home equity loans.

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YOUR LOCAL ECONOMY

What Matters Most

by Michael J. Hicks, PhD, Director, Center for Business and Economic Research, Ball State University



his column serves to provide some economic analysis that is useful to businesses and households as they go about making the American economy work. This type of economic

forecasting can be very useful, but honesty demands the admission that in the ups and downs of the economy, economists often get it wrong. Since no one can lay claim to great prescience, why write about the economy? I think there are several good reasons to listen to economists.

Business decisions seek to balance risk and reward, and explaining the limits of risk may be just as important as predicting rewards. Moreover, understanding the geography of risk and reward is more critical for most businesses than following closely the ups and downs of business activity nationally. It is this issue I wish to focus on in this column.

Economic analysis that we read in the news follows national markets. Such things as unemployment and housing starts are described in the same context of stock markets, when they really couldn't be more different to most businesses. Most markets businesses operate in are very local. Indeed, something like only one in ten jobs in the Midwest are connected in the short run to economic fortunes outside the local economy. This simple fact astonishes many folks, simply because the change has been so gradual. A view of manufacturing and agriculture helps illuminate the trend.

In both Ohio and Indiana, 2013 was a record year for both manufacturing and agricultural production in inflation adjusted dollars. Yet both industries employ a smaller share of workers than in any year past. The reason for this is that we are very good at making and growing things. This requires fewer workers on the shop floor and in the fields. Since many people intrinsically link employment to production, it looks like these



two sectors languish, when in fact they couldn't be much stronger.

The shift in employment away from manufacturing and agriculture is not only that we are masters of both, but also due to shifting tastes and preferences of consumers. In the 1950s, the bulk of most household income was spent on food, clothing, housing and transportation. These are goods-based consumption. Even then we could see a shift towards a greater share of income spent on services. Entertainment and recreation, telecommunications services, healthcare, education and personal services comprise a growing share of consumer spending.

This trend will not slow. We continue to get great productivity gains in manufacturing. At a typical plant in the Midwest, 250 workers now produce what a 1,000 did in 1970. But my third grade class circa 1970 and my son's third grade class circa 2013 both had the same student teacher ratio. We may be seeing productivity gains in education, but they are translating into quality improvements, not cost savings. The same holds true with higher education, healthcare and all the other areas in which we lament cost growth.

The business impact of these factors is that businesses are decreasingly susceptible to the ups and downs of the national economy, depending more heavily upon local trends. This has an important lesson for the way businesses think about their role as leaders in local affairs, which impacts the success or failure of their firms. For a business that depends upon local business conditions, the national economy may be interesting, but three questions loom over any nationally focused analysis. Locally, we should first try to understand how our regions are exposed to national business cycles. Second, we should try to understand how we sit relative to the national economy on measures of well-being, and finally we should worry about the local trend.

The Great Recession offers a superb lesson on our local exposure to a national recession. In Midwestern cities and towns who are heavily reliant upon manufacturing, the very high levels of unemployment signal that the ups and downs of the national economy affect us. If we live in a college town, near a military base or a state capital, we have been more resilient throughout this recession due to more stable government spending. These places have other risks such as military downsizing or reduced college enrolment.

In many Midwestern communities, incomes have lagged the national average and that will dictate what type of commerce locates in our community. Poorer places will have fewer recreational and retail opportunities and less residential growth.

Finally, the trend matters most. Throughout the Midwest, we have many vibrant communities with Chicago, Indianapolis and Columbus providing but three examples. We also have many smaller towns that are places with steady but not remarkable growth, such as Fort Wayne and Dayton. Sadly, we also have many communities that are in their fourth or fifth decade of population decline. Many small towns and rural communities are firmly in this situation.

In the business of thinking about the economy and how it relates to your business, you should turn your attention to local conditions.

Dr. Hicks' views do not necessarily reflect the opinion of Commerce National Bank or First Merchants Corporation.

STRATEGIC PLANNING

Setting Goals for Your Practice

by Kevin Megli, Relationship Manager, Healthcare Business Banking Group



hat are your practice's long-term goals and how do you plan on getting there? One way to help you set and achieve those goals is through a strategic plan. The plan is

a three year outlook with a main goal in mind and the steps needed to achieve that goal.

Vision Statement. One of the most important factors is the vision statement. A vision statement is a three to seven word phrase that describes your long term goal for your practice.

"Bringing gentle care to all" or "Providing comfort" are examples. Whatever your vision statement is, the long-term strategic plan of the practice should be striving to reach that goal.

Set Your Goals. After your vision statement is established, take some time to define some key goals that will help your practice achieve your vision statement and then define what steps it will take to reach those goals. For example, "providing comfort" may mean purchasing massage chairs in your office, adding a sound system and providing a comfortable setting for your patients. These are all goals to achieve the vision statement of "providing comfort."

Small Steps. So how will you get there in three years? You need to define what small steps you can take today that will begin your practice on the right path towards your long-term goal. Defining three to four steps with measurable objectives provides you with a roadmap towards your overall goal. These allow you to see how you are progressing through each phase of your plan.

The main purpose of strategic planning is twofold: identify a long-term goal and identify how you will reach that goal. I encourage you to begin to think through a strategic plan for your practice, find your long-term goals and set the steps to reach that goal. (1)

Security & Technology Be Aware of Ransomware

by Clyde Hague, CISM, CISSP, Information Security Officer, First Merchants Bank

ere is another online threat to add to your list: Ransomware. First, let's define Ransomware – it is malware that encrypts the contents of a computing device (PC, Smartphone, Laptop, Tablet, etc.) so you can no longer access the data. The criminals then demand a ransom payment (many times in Bitcoins) to decrypt it. This has been a maturing criminal process for the last few years and has expanded this year to be a popular means to steal money.

There is one specific ransomware malware that is being used frequently at this time by the criminals. It is called Cryptowall. It is a "new and improved" version of an older type of ransomware malware. If your computing device is compromised, it will encrypt the data on the hard drive or storage and will demand a ransom payment via Bitcoin (non-traceable) to decrypt it. Normally, the first demand is \$200. If you do not pay by the deadline, many times the ransom is increased to \$600. At this time, the only way to fix it without paying a ransom is to completely wipe the hard drive and start over. Hopefully you have a good backup of your data somewhere if you are a victim. Experts advise to not pay the ransom. Normally, paying the ransom just guarantees that the criminal receives money, not that your data will actually be decrypted.

How can you be compromised by Cryptowall?

- By clicking on phishing emails.
- Clicking on advertisements on websites. Malicious advertisements (malvertising) have been found on popular, legitimate company websites, so it is not just relegated to the websites that are shady to begin with.

It is far better to prevent being a victim of Cryptowall than to deal with the aftermath of encrypted data. Please remember the following:

- Don't click on links or attachments of unexpected emails. Just delete them, no matter who it says the sender is.
- Don't click on advertisements on websites no matter how tempting they are. Just use your browser and go to the site on your own without clicking on the ad if you really are interested in what the ad is selling.

- Ensure you have controls in place to protect your devices, such as updated anti-virus, regular software updates, effective network protective layers, etc.
- Back up your data...frequently.
- Train your employees.
- Train your family members this is just as applicable to your personal life as it is your professional life.

What to do if you are a victim:

At this time of writing, there are no known tools capable of decrypting files encrypted by Cryptowall ransomware without paying the ransom. However, as noted earlier, paying the ransom does not guarantee that the criminals will decrypt your data.

Ensure the malware is removed from your systems. This does not decrypt the files, but does clean off the malware.

As of now, the only solution is to wipe the hard drive and restore via backups. Take care to protect yourself and your company.

COMMUNITY CORNER

Commerce National Bank participates in the 22nd Annual Komen Columbus Race for the Cure



From Left: Jan Patton, Cathy Dieckman, Alicia Murphy and Barb Atherton

The Susan G. Komen Race for the Cure is a community event that honors breast cancer survivors, co-survivors, and those that have lost the battle. Each year, nearly 1.7 million people take part in Race for the Cure events around the world.

Alicia Murphy and her team of "The CNB Fascinators" joined 35,000 others on Saturday, May 17 at the Ohio Statehouse in Columbus, Ohio to Race for the Cure.

The Columbus Affiliate of Susan G. Komen for the Cure began in 1993 by a group of motivated and hardworking volunteers. Komen's promise is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.

This year, the Columbus Race for the Cure raised over \$2 million that will support vital breast health programs in Central Ohio.

INFLUENCE AND IMPACT An Inspirational Message

by Mark Engle, Senior Vice President, Healthcare Business Banking Group



ike many of you, I attend several seminars throughout the year to stay current on market trends and knowledgeable about new products or services. I also enjoy the

opportunities I have to attend seminars where the subject is not necessarily specific to my everyday tasks, but instead the message is something bigger and more inspirational.

Commerce National Bank hosted our biennial Spring Seminar on May 8, 2014 and the guest speaker was well-known author, entrepreneur, and businessman, Dr. Nido Qubein. Some of you may be familiar with Nido, but for those of you who are not, Nido came to this country as a young man with very little money and even less grasp of the English language. Nido taught himself how to effectively communicate and today he is a very successful businessman with ownership interest in several companies. He is also the President of High Point University in North Carolina. Nido's overriding message that day was about the power of communicating and he shared with the audience two words that stuck with me – Influence and Impact.

We all rely on influence to help our businesses grow. Today, you will influence a patient to make a decision. This may be done through case presentation, education, and possibly the use of technology. Whether verbal or otherwise, your ability to influence depends on your communication skills. Your goal will be to make a positive impact on the life of that patient, which in turn will help your business. The key is to make sure the impact is positive!

Influence does not always have an immediate impact and is not always intentional. Maybe that procedure today had an immediate impact on the patient, but how about your ongoing interaction with staff, colleagues, and even family? Are you intentional with this communication? This is where Nido's message comes in – always be aware of the influence you project and the potential impact it produces. You communicate with several people each day and some of them multiple times. Don't miss an opportunity to make a positive impact (immediate or future). Everyone will benefit. Think about the influences that have shaped your professional and personal life. For me, there are many people and events, some good and some bad. I would say the good influences were aware of their actions while the bad influences didn't have a clue, and therefore never gave any thought to the negative impact of their actions. Both, however, have contributed to my choices, habits, and character.

CNB's seminars are designed to provide business learning opportunities for our customers, business partners, and bankers. This year's Spring Seminar was a chance to reflect on our own personal approaches to communication. Most of the presentation topics could be considered common sense. My guess is that many of the attendees did some selfreflection on the drive home and during the days afterwards. I would encourage you to take time out of your daily grind to think about the way you communicate with your patients, clients, staff, and family. Look for ways to make a positive impact in someone's life through intentional influence.

A RESOUNDING SUCCESS YET AGAIN

CNB Biennial Spring Seminar & Network Fair Featuring Nido Qubein

E very two years, Commerce National Bank pulls out all the stops in hosting a signature event by expanding the Spring Seminar to include a Network Fair, providing the opportunity for customers to experience an afternoon of education and networking.

At the CNB 2014 Spring Seminar, held at the Fawcett Center on the campus of The Ohio State University, over 300 attendees sat with riveted attention as national best-selling author, educator, business leader and speaker, Dr. Nido Qubein, delivered a dynamic presentation.

President of High Point University and Chairman of Great Harvest Bread Company, Dr. Qubein

spoke about the art of effective and efficient communication and shared his story and amazing journey of success and significance.

Immediately following the Spring Seminar, guests joined the nearly 30 clients exhibiting their products and services at the CNB Client Network Fair in the Fawcett Center Grand Ballroom. Nido Qubein personally signed his books and answered questions while attendees took time to tour the room to network and explore doing business with some of Central Ohio's leading businesses.

The cost of exhibiting at the Network Fair was a \$50 contribution to the Make-A-Wish Foundation



in honor of Donna Garrett, former CNB Marketing Specialist who passed away last April. Donna was a supporter of the Make-A-Wish Foundation and this gift, in her memory, will help make a child's wish come true and enrich the human experience with hope, strength and joy.







Commerce National Bank hosts three business education seminars each year, including the January Economic Forecast with Dr. Michael Hicks, a Spring Seminar and a Fall Seminar. These educational opportunities are a key factor in being a partner in our customers' success.



CNB's Cameo Stewart (left) and Jessica Gliha (right) present the \$800 check to Make-A-Wish Foundation representative John Hykes.

Save the date and plan to join us for our 2014 Fall Seminar on Thursday, October 9 at the OSU 4-H Center on Fred Taylor Drive. (1)



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EMPLOYEE THEFT A Big Problem That's Getting Worse

by Nate Johnson and George Leugers, Relationship Managers, Healthcare Business Banking Group

ake no mistake, fraud and embezzlement are rampant in dental practices across the nation. As many as 50% of dentists will experience one form or another over their career. Since most perpetrators are not prosecuted, thieves typically move on and commit similar crimes at other practices. There are several signs to watch for and defenses to employ whether you are suspicious or not. As bankers who work with hundreds of dentists and veterinarians throughout Ohio, Indiana, and Kentucky, we help educate, design, and implement safeguards for our customers, however, most practices decide to implement these protections only after a crime has occurred.

A significant key to avoiding fraud and embezzlement involves knowing what to look for and where to look. Surveys show that most fraud cases occur with employees having tenures of three years or less, but we have seen cases involving long-term employees and even family members! According to Chuck Thieman, JD, CHBC, President of Healthcare Practice Consultants, some of the telltale signs of theft include journal entry irregularities (numerous voided or adjusted sales, significant declines in cash sales), lack of oversight with bill payments, drug supply access, and bank account activities. Employees that are reluctant or slow to provide financial reports should raise suspicion.

A lack of controls presents opportunities for theft. Once you make the commitment to protect your practice, the next step is to put proper controls and procedures in place. Some simple examples include: background and employment checks and drug tests as part of your hiring process, dual controls for your business checking account, adding a separate address for account statements and reviewing the statements. Chuck Thieman strongly recommends background checks and drug screening to uncover potential problems before they start. For bill payments, he recommends having the invoice paper clipped to every check that requires the doctor's signature. Our Cash Management expert, Jennifer Wehrly, strongly suggests setting up maximum limits on check signing authority and limit employees' online banking capabilities to preparation tasks with the owner having a separate login for approving banking transactions. Also, have account statements mailed to a home or personal email address so malicious activity is not hidden or destroyed.

If you think you might have an issue with employee theft at your office and you want some guidance or you want to set up stronger controls, please give us a call at (513) 794-7450.